# LGBTQ Homeless Workgroup Trainings and Curriculums

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## **Professional Development:**

LGBTQ Ally Workshop

• This interactive workshop encourages allies to think about their intersecting social locations/identities critically. The workshop discusses privileged identities and how allies can use their privilege to be an advocate alongside LGBTQ. The workshop introduces allyship as an ongoing process and provides examples of how allies can educate themselves.

LGBTQ+ Affirming Faith-Based Practices

• This workshop emphasizes the preferential option for the poor and the practice of radical hospitality found within the Bible. It expounds on affirming practices from a faith-based perspective, highlights LGBTQ+ affirming Biblical passages, and provides current terminology, best practices, and common identities within the LGBTQ+ community

LGBTQ Terminology

• This workshop breaks down concepts to the most basic level, such as sexual orientation and gender identity, and walks through various LGBTQ identities. The workshop introduces how to use gender-neutral language and covers words to avoid.

LGBTQ Pronoun Workshop

• This workshop covers LGBTQ terminology, introduces gender neutral language, and then provides practice opportunities using various pronouns, including they/them, ze/zie, and many more.

How to create LGBQ Affirming Spaces

• This workshop covers simple ways you can symbolize inclusion and affirmation of LGBTQ people. In cooperation with the group or organization that requested the workshop, the training is developed around your specific needs, making suggestions specific to your group.

# **Educational Trainings:**

Introduction to LGBTQ+ Topics

• This training introduces LGBTQ demographic information, covers LGBTQ terminology, and introduces key concepts such as social climate and social stigma linked to health and wellbeing. Lastly, the workshop presents the strengths and challenges of LGBTQ populations.

Survival Sex, Sex Trafficking, & Sex Work

• This training discusses trauma-accommodating care for childhood, domestic, and sexual abuse survivors, especially when aspects of survival are heavily criminalized. Due to individuals not disclosing information about this due to safety concerns, it's necessary for organizations and individuals to engage affirmingly and proactively. This training also

incorporates updates from the Illinois Human Trafficking Task Force recommended survivor-centered and trauma-informed care. This training aims to start addressing this gap as we deal with the escalating housing crisis, rise in poverty, & increasing violence within our community. It covers definitions of various types of sex work & trafficking, overview of trafficking laws as well as relevant policies in housing, criminal justice, etc at state & federal levels, survivor & worker affirming language, recommendations & direction to additional survivor-led resources.

### LGBTQ Youth

• This training introduces critical theories that frame our understanding of LGBTQ health and wellbeing in family research. The training covers family acceptance versus family rejection and specific behaviors that fall under each. Lastly, the training covers identity development and coming out.

#### LGBTQ Race & Ethnicity

• This training introduces critical theories such as minority stress theory and intersectionality in our discussion of LGBTQ racial diversity. The training covers cultural characteristics, institutional discrimination, adverse outcomes due to systemic racism, and the strengths of LGBTQ people of color.

#### LGBTQ & Education

• This training covers the various LGBTQ-affirming laws and policies in Illinois, looking at what the policies mean for LGBTQ students and students with LGBTQ parents. The training builds awareness about anti-LGBTQ bullying and stigma in schools and covers LGBTQ-related school resources and supports.

#### LGBTQ & Religion

• This training covers religious-based discrimination against LGBTQ and the impact religious stigma has on LGBTQ health and wellbeing.

## LGBTQ & Poverty

• Due to existing stigmatization, LGBTQ populations are disproportionately impoverished. This workshop explores the state of the literature on LGBTQ poverty, investigates systems of oppression and solutions.